James Poindexter III

Guiding Foster Youth Toward Success: Four ways to have Positive Impact on Youth <u>in Foster Care</u>

James is a former foster child who entered foster care at 10 years old after being abused and abandoned by his family. He moved 21 times but came out of it with 2 college degrees and a World Martial Arts Championship. James now trains and mentors others on how to influence youth so they can have success as well.

"James H Poindexter was one of the best speakers we have had in the 16 yrs of Aspire, he is EXCEPTIONAL? James combines humility, humor, passion and a fierce determination in the delivery of his story. His experience, tools for success and connection with the audience was profound." —Dr. Samantha Collins – CEO, Aspire

> Learning Outcomes Of: Four Ways To Have Positive Impact On Youth In Foster Care:

Pushing Foster Youth Forward To Success Include:

- The importance of being genuine from the start
- Understanding that one key doesn't open every lock

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- How to talk TO youth and not AT youth
- How to gain the trust of youth who don't trust

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The Miami Herald

As Seen On:

abc

OCBS

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Why James H. Poindexter III?

If you're looking for a speaker that will ignite the champion inside of vour audience, then James H. Poindexter III is your ideal speaker!

Your audience will walk away with:

- ✓ Confidence
- Champion mindset

Entrepreneurial skills

Courage to be powerful

Parenting advice and more

- Sales skills
- Inspiration
- Motivation
- Leadership Strategies
- What he brings to the stage
 - Positive Energy

• Wisdom

- Engagement
- Compassion
- Second Empathy
- What people are saying about James:

"James H Poindexter is one of the best speakers that we've had in the 16 years of Aspire, he is EXCEPTIONAL! James combines humility, humor, passionate, and a fierce determination in his delivery of his story. His experience, tools for success and connection with the audience was profound! Highly recommended!"



Dr. Samantha Collins CEO



Main Captiva LLC

"I wanted to take this opportunity to thank James for his speech at the Aspire Leadership Conference in Chicago, IL. It was truly inspirational. His powerful story impacted each and everyone of us in the room. He is incredible! It is so important for the world to hear his story and once people have, they will want to empower him to tell it again and again! He is a change agent and a powerful force to the world."

Lisa Swarbrick.

Senior Research Associate with Main Captiva







James H. Poindexter 999, CC WORLD MARTIAL ARTS CHAMPION

🛞 www.jameshpoindexter.com



BMO Financial Group

"Listening to James was an exceptional experience. His candor, experience and easy-going speaking style kept his story very engaging. But it was hearing about the obstacles that he faced, and what the turning points were for him, that kept me on the edge of my seat, wanting to stand up and hug him, then wanting to hear more about how he became such a strong, confident, and successful man. Anyone from teenagers to business professionals will benefit from hearing his story and how he was able to overcome such tragedy and not just survive, but thrive!"

Julie, Vice President,

Sr. Mgr., Basel and Strategic Programs

HCSC

"As I was listening to James tell his story I could not help but cry. His story as a child is one that none should ever endure. While the experience itself is one that will leave scars forever. James has taken the experience and turned it into strength and inspiration. He took his survival fighting skills from one that could have easily been on the path to incarceration into becoming a world fighting champion. He took his story from one of being a quiet victim into one that is making a difference in the lives of others and to be a voice that this type of abuse and violence is NOT ok and is NOT acceptable. He is breaking the chain of continued behaviors and driving one to inspire others to become better in their lives." Many thanks to James for sharing and encouraging to make a positive difference in the lives of others.



Ruth Gumina, Information Technology Group



Thought Works

"James story is awesome and heartbreaking. For a kid to 'fight' his way out of poverty and abuse at such an impressionable time in his life is remarkable. You need to hear James story and share it with any kid under the age of 18. There is a way up, and there is a way out, and James is proof."

Andrea Urban, CPA

NYAP

"You are an inspiration to all of us. You spoke with passion and shared honest feelings about your life experience. Through your talk you brought encouragement, motivation and hope to all of us workers, youth an foster parents. Thanks so much for sharing and wish you all the best in every aspect of your life."



Kathleen Djukic, LSW LSW – NYAP Treatment Coordinator



James H. Poindexter III, CC World Martial Arts Champion

The www.jameshpoindexter.com

Some of James Motivational Talks and Who he is behind the scenes: Champion Mindset and Entrepreneurial Talks

🛛 The Grind is Real 🖉 The Reality of Entrepreneurship, You Can Do It 🖉 Think & Live Like a Champion

Obstacles didn't stop after foster care ended. I still had college issues, racism, homelessness and work life balance problems facing me in the future. The only way I was able to make it through was by applying the Champion Mindset to my life. I speak about how you can apply the Champion Mindset to your life and live on top of the podium on a daily basis! I also talk about how I started and maintain my business JH Brands! Think like a CHAMPION!! I have a question/answer session at the end.

Audience: Big dreamers, business owners, future business owners, students majoring in management or entrepreneurship, high achievers and anyone who has a goal they want to achieve but need motivation to keep going forward. Attaining greatness is a hard and sometimes lonely road but it can be done and I can tell you how to do it!

Sales / Leadership

✓ ABC = Always Be Closing

I've been a top salesman for 10 years across three different industries. I have sold mobile devices, property, casualty, life and health insurance and personal training packages. I was a top salesman in each industry. I give a step by step process to bring your sales to the championship level like mine. BEAST MODE!

Audience: Any salesman who wants to be a closer!

Parenting and Relationship Talks

- Ø Defying the Odds!
- A Good Parent is Hard to Find
- You Think You Know Me. A talk from a child's point of view in regards to foster care or adoption.

Being a formerfoster kid I understand what staff and parents go through on a day to day basis. I now thank all parents and staff for guiding me to success and for helping all kids in need have better lives. I am an example of what can happen with love and care from staff and foster parents. I tell my story of humility and gratefulness to all those in the industry who give themselves to help those in need. I follow my speech with a question/answer session at the end.

Audience: The foster care industry, especially social workers, therapists, foster parents, students majoring in social work or mental sciences and youth, newlyweds, married or soon to be married couples.



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